

EMMANUEL LUTHERAN CHURCH

920 Third Avenue, Rockford, IL 61104

815-963-4815 www.EmmanuelLutheranRockford.org

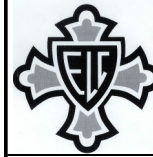
email: office@EmmanuelLutheranRockford.org

Pastor TroyAnn Pouloupoulos 815-980-8993

Email: revtroyann@gmail.com

UPCOMING EVENTS AT A GLANCE

- * **Message from Pastor TroyAnn**
- * **Communiqué**
- * **Hank and Patsy Cline**
August 5, 7:00pm at Emmanuel
- * **Second Annual Unity Picnic**
August 13, 2:00-6:00pm
Camp Winnebago YMCA
- * **Hot Tunes and Cool Treats**
August 14, 3:00pm
Second Cong/First Presbyterian Church



THE MESSENGER

August 1, 2016

Deadline to get information into the next newsletter is August 15.

Pastor TroyAnn's Notes:

Friends,

It has been a good summer at Emmanuel. We've had great special music and wonderful themes in the 10:30 service, and the early service has adjusted well to moving to 8:15 to accommodate our sister church, Calvary Lutheran. With our strong services, attendance and giving have stayed strong. Don't forget that our various ministries continue even when you are on vacation so mailing in your tithe or gift for the month is always an important spiritual discipline as we continue in mission together.

I'm looking forward to the next few weeks in the 10:30 service. Our themes center on the lines of the meditation practice of the Buddhist Metta as we tie it to the universal truths of Christianity and all religions. The Metta is designed to seep into our souls so that we may be transformed into the loving image of Divine. Metta is recognition of the most basic solidarity that we have with others as we live on this planet together. It is empathy. It's the willingness to see the world from another's point of view: to walk a mile in another person's shoes. It's wishing others a deep sense of well-being as the concept of Shalom does. Metta is friendliness, consideration, kindness, and generosity. In Buddhist thought Metta is the basis for compassion and for shared joy. As we read the words of Jesus in the Beatitudes it fits right beside them. I hope you are present for both this series and to hear the music that Tim has lined up for us.

Those attending 8:15 service will hear preaching from the following scriptures:

Luke 12:32-40 – Jesus encourages us to live fully into God's reign and not to face life with any fear

Hebrews 11:29-12:2 – we have a long list of people of great faith and a call to spiritual endurance

Hebrews 12:18-29 – we're shown what Christ is like and how faith in Him casts out fear.

Luke 14:1, 7-14 – God asks us to mimic his gracious hospitality to the poor and broken

Finally, friends, I thank you for your prayers for healing after my oral surgery. I could not ask for a more caring and supportive congregation. You are truly God's people at work in the world today.

Peace, Pastor TroyAnn

Council Communiqué—Highlights from the July 12, 2016 meeting
Please feel free to read through the Council Minutes on the counter in the office.

*Building and Grounds, along with additional wonderful volunteers, have been especially busy this month cleaning, re-carpeting, and sorting Pastor's office, damaged from a storm-related flood. A big thank you to all who helped.

*Emmanuel will be hosting Just Goods concerts on the first Friday of the month, beginning August 5, with a Hank Williams/Patsy Cline concert in the sanctuary.

*The new Emmanuel website is coming along beautifully. Stay tuned! Unveiling in September.

*In conjunction with the Center for the Arts and Spirituality, Art Kitchen has been offered each Saturday for an hour before the meal at the Soup Kitchen. Artists and guests have all been soulfully touched as they get to know each other through art and conversation.

*Emmanuel's Homecoming Heart-to-Heart celebration kick-off 9:30 a.m., with refreshments and Heart-to-Heart talks afterwards in the Celebration Room. Calvary will join us for the conversation time.

*Phase one money-saving proposals from the Future of Emmanuel Task Force were adopted. Details to follow.

*We welcome two new members to fill out open council positions through January 2017: Phil Potaczek for Spiritual Formation and Dena Rasmussen for Children's Ministries. Jamie Johannsen, current at-large member, will help Jenny Olson with Publicity Communications.

With great appreciation and thanks to our wonderful Emmanuel family's support and prayers,

Karen Van Howe, Congregation President

Special Notice: Calvary Lutheran Church has sold their building and are renting our Chapel. Their worship service is at 9:30am every Sunday morning. Pastor Chuck Olson will be using the office next to Pastor TroyAnn's for his counseling. Please welcome the Calvary folks and make them feel at home. The time of our Emmanuel's Traditional Worship Service in the Chapel on Sunday is now at 8:15am.

Our thoughts and prayers are with the family and friends of Raeanne Cutler in the death of her mother, Georgina on June 26th and Gloria Brown who died on July 20th.

Recently Hospitalized
Debbie Roose, Barb Vogl

AUGUST BIRTHDAYS

- | | | |
|--------------------|--------------------|--------------------|
| 1. Allysa Lippert | 11. Diane Lawe | 19. Jan Peterson |
| 2. Kathlyn Wright | 12. Jacob Wagner | Dan Vorsanger |
| 5. Sierra Anderson | 14. Caryl Barnes | 21. Phil Seeber |
| Jerome Johnson | Gary Gentzel | 24. Tim Park |
| Nolan Olson | 15. Terry Hotek | Sallyann Roberts |
| 6. Carole Anderson | Melissa Zaphel | 25. Judith Barnard |
| Cathy Schocker | 16. Danica Hoffman | 27. Peg Burns |
| 10. Clarice Askvig | 17. Megan Ekwall | 28. Laura Vogl |
| Betty Jepsen | 18. Jeff Benson | 31. Andrea Glynn |
| | | Donald Peterson |

Dear Pastor TroyAnn and Members of Emmanuel,

My family and I deeply appreciate your loving concern for our relative Delbert Kennedy throughout his life. We know you provided in-home communion and transportation to Delbert, as well as other special services, and were consistently kind and thoughtful to our beloved family member. We thank you, too, for the support of the church in our final farewell to Delbert.

Pastor TroyAnn, thank you for your help in planning Delbert's service, including his favorite hymns, and for your compassionate and healing words.

We also want to thank the church, especially the servers, for the lovely reception after the funeral. We were treated with great kindness. The cake and punch were delicious. Our special thanks to Phyllis & Don Weir, Peg & Dick burns, Fran & Denny Hamm and Linda Longardner.

Betty Olson (Delbert's sister) & Family

HANK AND PATSY

Celebrating the music of Hank Williams and Patsy Cline
Friday, August 5, 7:00pm. at Emmanuel - Free Admission

John Bishoff, Producer & Lead Guitarist

Jannie Nelson & Ron Holm, Trinadora Duo

DK Kolars, Steel Guitar Tim Austin, Percussion

Voluntary donations to performers gratefully accepted.

Details at 815-979-1949 trinadoramusic@gmail.com

*A Listening Room Event Co-Sponsored by
JustGoods & Emmanuel Lutheran Church.*

Rockford Christian Unity Group cordially invites you to
SECOND ANNUAL UNITY PICNIC

Saturday, August 13, 2016, 2:00-6:00pm

Held at Camp Winnebago YMCA

5804 N. Main St., Rockford

Enjoy Archery, Bingo, Bean Bag, Food,
FREE FELLOWSHIP FOR ALL

*Mission: To promote relationships among people from all ethnic
backgrounds in the Christian Community within the Rockford Region.*

HOT TUNES AND COOL TREATS

Sunday, August 14, 2016, 3:00pm

A combination of folk, blues jazz and country music, all with
a gospel flavor served with ice cream treats, to raise free will
offering for Rockford Urban Ministries.

Dorothy Paige Turner leads the afternoon program.

The Trinadora duo (Jannie Nelson and Ron Holm)

will also perform. Also joining them will be

Ron's son, Andrew Jacob Holm and Betty Pumphrey.

This program is free and open to everyone. Free will offering will be
taken for the work of Rockford Urban Ministries, including materials
for their volunteers who, with Jeremiah Development, will be
working in the Haskell-Coronado neighborhood.

Held at Second Cong/First Presbyterian, 318 N. Church St., Rockford
(Please use North Church St. Entrance)

Parish Nurse News

Here are some tips to consider as August marks the end of
summer:

We will still have plenty of hot weather before the relief that
autumn brings, so be sure to drink plenty of water! Unless your
healthcare provider recommends you limit your fluid intake, plan
to drink:

women: 90 oz. daily

men: 125 oz. daily

Learn more at

<http://www.cdc.gov/nutrition/everyone/basics/water.html>

Here in the Midwest, we don't live with the risk of hurricane
season. But we all know that emergency situations can show up
when you least expect them. Recently, there was a power outage
in our neighborhood for no apparent reason that lasted 3 hours.
Thankfully, that was a minor annoyance. In order to be best
prepared for an emergency, be prepared with 3 days of food,
water, and medicines.

Prepare an emergency kit with supplies before you need them.

Learn more at:

<Http://www.cdc.gov/family/minutes/tips/beprepared/index.html>

Back-to-school checkups have to be completed soon! Remember
that immunizations aren't just for kids. At your next healthcare
visit (or better yet, set-up your online account,) ask about
immunizations that will benefit everyone in the family.

Learn more at <http://www.cdc.gov/vaccines/schedules/index.html>

Happy August!

Have a safe & healthy end of summer! Your parish nurse.

Sue Scott, Parish Nurse

**THANK YOU to the many people who volunteer to keep the church
and Programs operating smoothly:**

Thank you to our Altar Guild Committee who make sure the chapel and Sanctuary are cleaned and ready for service. Also, communion set up.

Don & Phyl Weir	Peg Burns	Merry Tassoni
Lois Ference	Jan Peterson	Donna Anderson
Fran Hamm	Dave Ekwall	

We are so fortunate to have so many wonderful volunteer:

Ann Downie who addresses cards each week.

Jim Endres for reupholstering the chairs in the celebration room.

Jan Lundin and Tabitha Benson who set up and take care of the coffee table on Sundays. If you would like to help, please call 815-963-4815.

Catherine Rennert who serves as cantor, schedules greeters/lectors, orders bulletins and is always willing to help.

Bobbie Walter who is working with the Membership of the congregation.

WELCA ladies who serve at funerals and special events.

Our Council Members: Karen Van Howe, Jim Endres, Sara Fleming, Jamie Johannsen, LouAnn Johnson, Rich Lundin, Jenny Olson, TroyAnn Pouloupoulos, Jack Ream, Jennie Sparks, Bobbie Walter, Lenny Walter, Kathlyn Wright

We appreciate all our musician that perform at the services.

Dave Lippert Susan Lippert Ken Toot and Jenny Olson and all of our special guest musicians. Also the members in the Emmanuel Choir.

Audio Operators: Nolan Olson, Lucio Aldana, Dan Vorsanger, Rich Lundin

Head Ushers: Gary Peterson, Lucio Aldana Sr., Phil Seeber, Jim Endres, Netha Morgan, Lenny Walter, Jeff Benson, David Ekwall, Jack Ream, Dan Vorsanger, Lucio Aldana, Erick Knaus, Dick Burns, Phil Potaczek, Jay Schneppe

Pastor TroyAnn and Emmanuel Staff: Tim Fenelon, Pat Becker, June Cain, Jonathan Chell, Jeff Birch, Sally Susan, Dan Vorsanger, Kristen Nelson,

Thank you to Sue Scott, Parish Nurse, who helps with medical concerns and visits hospitalized and homebound members.

Kathlyn Wright who oversees the Mission House/Soup Kitchen and Sandi Kelly who schedules the groups who serve in the Soup Kitchen.

Jim Roberts, David Stocker who remodeled the auditorium and dance room.

Wow, what a list. As you can see, there are lots of wonderful people who are here to keep the ministries of Emmanuel going. We appreciate each and every one of you.

If, by chance, we have not mentioned your name, we truly apologize. Please let us know so that we may acknowledge your service to Emmanuel.

**VOLUNTEERS PLAY A VITAL PART
IN THE OPERATION OF THE CHURCH**

Serving in the church is a great way to connect with other believers and explore various ministry opportunities. You never know what God will reveal to you as you serve at church and help others.

Last month, with a heavy rainstorm, water leaked through a vent in the ceiling of Pastor's TroyAnn's office. The carpeting had to be removed. Everything except her desk and computer was put into storage downstairs until new carpeting was installed. The couch was placed in the library to be cleaned. A special THANK YOU to Jim Endres who took charge and ripped out the old carpeting and tack strips, used his expertise in finding and ordering new carpeting, and oversaw that it was installed properly.

Also, thank you to the volunteers who wiped everything down and carried items downstairs and then came back a week later to bring them back up:

Dave Johnson	Lenny Walter	Jim Endres
Denny & Fran Hamm	Pat Becker	Jeff Birch

Food Pantry: Every Monday and Friday the Food Pantry is in operation, registering clients and distributing food. During the week, food is being shelved. Then, once a month, a huge truck pulls up to the back entrance with food from the Hunger Connection. Our volunteers take action and cart after cart is loaded and taken up the ramp to the Food Pantry. It takes many volunteers to keep this outreach functioning properly and feeding the hungry in our community.

Thank you to: Lorraine Harding (Head of Food Pantry)

Kathlyn Wright	Ann Downie	Beth McLean
Lenny & Bobbie Walter	Jeff Birch	Donda Toti
Fran & Denny Hamm	Dave Johnson	Collette Clifford
Lou Ann Johnson	Cindy Matthews	Reid Ferguson
Ray Hodowanic	John Kujawa	Emi Grottke
Donna Anderson	Sheryl & Roy Murray	Kristine Harding & Jeff
Dan Vorsanger	Netha Morgan	Ann Douglas
Betty Ralston	Jim & Wilma Stout	Kenny Douglas
Pat Becker	Rita Huwe	Angel Douglas

We are fortunate to have people on our Buildings & Grounds Committee who are experienced in many aspects of maintenance/repair. There is always something that needs to be taken care of. Thank you to:

Lenny Walter, Chair	Dan Kelly	Dave Johnson
Jim Endres	Dan Vorsanger	Jeff Birch, Custodial

Over...

AUGUST 2016 CALENDAR

Emmanuel Lutheran Church, 920 Third Avenue, Rockford, IL 61104

815-963-4815 fax: 815-963-4808

Email: Office@EmmanuelLutheranRockford.org www.EmmanuelLutheranRockford.org

Pastor TroyAnn Pouloupoulos 815-980-8993 email: revtroyann@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 AM Food Pantry 6:00 PM Yoga	2 9:30 AM Spiritual Journeys	3 5:00 PM Executive Com. 6:30 PM Caring Connections	4 8:30 AM Liturgy Planning 12:00 PM Yoga 6:00 PM Wedding Rehearsal: Dixon/Jones	5 9:30 AM Food Pantry 7:00 PM Hank Williams & Patsy Cline Program	6 2:00 PM Wedding: Dixon/Jones
7 8:15 AM Traditional Lutheran Service 9:30 AM Calvary Worship Service 9:30 AM Outreach 10:30 AM Emerging Worship 4:00 PM Gay Men Gathering (GMG)	8 9:30 AM Food Pantry 6:00 PM Yoga	9 9:30 AM Spiritual Journeys 5:00 PM Finance 6:30 PM CAS 6:30 PM Soul Warriors	10 7:00 PM Discussion Group w/Reid Ferguson	11 9:00 AM Worship & Music 12:00 PM Yoga 4:00 PM Membership 6:30 PM Men's Group	12 9:30 AM Food Pantry	13
14 8:15 AM Traditional Lutheran Service 9:30 AM Calvary Worship Service 10:30 AM Emerging Worship 11:30 AM Buildings & Grounds	15 9:30 AM Food Pantry 6:00 PM Yoga	16 9:30 AM Spiritual Journeys 6:00 PM Council	17	18 8:30 AM Liturgy Planning 9:30 AM WELCA 12:00 PM Yoga	19 9:30 AM Food Pantry	20
21 8:15 AM Traditional Lutheran Service 8:30 AM Medical Concerns/Blood Pressure Screening 9:30 AM Calvary Worship Service 10:30 AM Emerging Worship 4:00 PM Gay Men Gathering (GMG)	22 9:30 AM Food Pantry 6:00 PM Yoga	23 8:00 AM Election Judge Training 9:30 AM Spiritual Journeys	24	25 8:00 AM Election Judge Training 8:30 AM Liturgy Planning 12:00 PM Yoga 6:30 PM Men's Group	26 8:00 AM Election Judge Training 9:30 AM Food Pantry	27
28 8:15 AM Traditional Lutheran Service 9:30 AM Calvary Worship Service 10:30 AM Emerging Worship	29 8:00 AM Election Judge Training 9:30 AM Food Pantry 6:00 PM Yoga	30 8:00 AM Election Judge Training 9:30 AM Spiritual Journeys	31 8:00 AM Election Judge Training			



Lector at the 10:30am
Worship service on
July 10th was our new
member, Phil Potaczek.
Phil has recently been
received as a Novice
Brother in the Ecumenical
order of Charity
www.ecuorderofcharity.org

IMAGINE

IMAGINE! A beautiful service with Acoustic Juice performing Beatles music was held on July 10th followed by a delicious brunch for our Emmanuel family at the Irish Rose. Over 75 attended. Many thanks to the musicians and brunch host Mike Leifheit. The Irish Rose, located at 519 E. State St., Rockford and is open daily 11:30am-10:00pm. A perfect place to join your friends during the week.

